STAND UP TO BULLYING
NATIONAL BULLYING PREVENTION MONTH
OCTOBER 2017
#STOPBULLYING

Spark ⚡ Initiative

SQUARESPACE.COM/LOGO – ICONS BY THE NOUN PROJECT

Awareness ⚡ Inclusion ⚡ Kindness ⚡ Change

Team 1 - Awareness

1. Systems - Lead Organizers - Mission Focus
2. Website - Development, design
3. Visuals - Design, Banners, Posters, Media
4. Research - Curriculum, Best Practice, Books, Articles

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Team 2 - Student

Voice - Leadership, Survey, Amplify Results

Take the Pledge - https://free2luv.org/take-the-pledge/

Events - Mix it up day - use colored dots - match to table. Increase lunch time by 25 minutes so there is time to participate and still have normal social time with friends.

Student Developed Training Videos- To encourage learning we will approach students through the growth mindset - that they have valuable insight in how to solve these problems and can contribute and learn at the same time. As they work through development of training videos to submit to Spark they will have to address various points - discovering and working through their own internal bias at the same time but at their own pace.

Website -

  a. "Say the wrong thing" - Place to submit questions to Spark anonymously and receive answers.

  b. Stories - Place to share stories of being bullied, social isolation, OR being an ally, when people successfully stepped in. Say what would have helped or what DID help.

Visuals - "Achievers"
access to stories and pictures of people who have made ripples of change. Bravery, Mentoring, Careers, Community Building. Different colors, shapes, genders, cultures. So students can see themselves in someone else and think about what path they want to follow.

Intervention -
Intervention of students who exhibit aggressive acts.

a. Identify the "why?" Target the bias. How? Who is primary staff responsible to meet regularly with the student and work on this behavior? What records need to be kept? Who does the staff check in with to make sure the student isn't still aggressively targeting the student?

a. Improve self esteem and grow healthier behaviors through mentoring/skill building.

a. Make sure student is not near targeted student, have information follow multi-year. Consistent response with every student/school.

a. Provide support to parents so they can support their child.

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Team 3 - Parent

1. Supports -
   a. For parents of kids being teased/harassed
   b. For parents of kids exhibiting aggressive behavior
   c. Communication - regular communication with parents to keep them updated. Incidence communication needs to be prompt.

2. Website- Resources for parent
   a. Tips - how to react, what to tell your kids to do.

   a. Ways to build empathy - activities, books

1. Involvement - Invite in to Spark Initiative. We are stronger when we build each other up. Mentor, help run a book club, random acts of kindness - kids learn from example.

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Team 4 - Teachers and School Staff

1. Lead - Voice to the team

2. Support -
   a. Access to videos (devised by students) to education on how to identify teasing/harassing, why they should stop it, how to report it, and how to be an ally.

   a. Resources and Materials - Curriculum, copies, books, best practice ways to guide conversations in tricky subject matter. Encouraging civil discourse. Students are talking about what is in the news. It's time we address it and encourage them to get informed.
   b. OSPI Website: http://www.k12.wa.us/safetycenter/BullyingHarassment/default.aspx
   c. *Speak up at School: How to Respond to Everyday Prejudice, Bias and Stereotypes*
   d. Free Webinar 10/24/17: *Youth Bullying & Suicide: The Reality for Schools Today* (https://www.hazelden.org/web/public/event.view?eventId=6254876)

Team 5 - Community

1. Involve - Random Acts of Kindness, Sponsors

1. Raise Awareness - Utilize Experience

1. Spread real stories - Positive news, student actions

1. Gather the mentors- Team members

Resources - Learn More!

1. Pacer.org
2. StompOut Bullying.org
3. Amplifier.org
4. Facinghistory.org
5. Tolerance.org
6. Free2Luv.org
7. https://olweus.sites.clemson.edu/ The Olweus Bullying Prevention Program
8. www.cyberbullying.us Cyberbullying Resource Site
9. www.cfchildren.org The Committee for Children
10. www.stopbullying.gov The White House Site
11. www.stopbullyingworld.org International Bullying Prevention Association
12. https://www.marccenter.org/ MA Aggression Reduction Center Site